

FREE!



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Neurological • Intellectual • Physical • Sensory

Presented
by



Brault & Martineau
A vow to quality and price

SUNDAY, MARCH 29, 2020 at Laval Senior Academy

A FREE conference for parents and family



BRINGING THE PIECES TOGETHER

Building a positive school climate for all

KEYNOTE SPEAKER and WORKSHOPS

Coping with stress • Navigating anxiety • Building SEL (social emotional learning)
Understanding ASD (autism spectrum disorder)



COMMISSION SCOLAIRE SIR-WILFRID-LAURIER
SIR WILFRID LAURIER SCHOOL BOARD

SUNDAY MARCH 29 PROGRAM

8:30 - 9:00 A.M.	Welcome
9:00 - 9:30 A.M.	Play... more than meets the eye! <i>Helen Morrison, Bachelor's Degree in Social Work</i>
9:30 - 9:45 A.M.	Break
9:45 - 10:45 A.M.	Workshop 1 5 self-care strategies to help parents to recharge <i>Dr. Jewel Perlin, psychologist</i>
10:45 - 11:00 A.M.	Break
11:00 - 12:00 P.M.	Workshop 2 Understanding the after-school meltdown <i>Eva de Gosztonyi, psychologist</i>
12:00 - 1:30 P.M.	Lunch and visit of exhibition booths
1:30 - 2:00 P.M.	Workshop 3 Emotional regulation strategies for my child <i>Marla Cable, coordinator</i> <i>Resource and Training Centre, Giant Steps School</i>
2:00 - 2:30 P.M.	Break and visit of exhibition booths
2:30 - 3:30 P.M.	Workshop 4 Social emotional learning <i>Dr. Gerry Weintraub, psychologist</i> <i>Centre of Excellence for Mental Health</i>
3:30 P.M.	Closing

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