

# THE ABCs OF A SAFE START TO THE YEAR IN PRESCHOOL AND ELEMENTARY SCHOOL



THE START OF THE SCHOOL YEAR IS ALWAYS FILLED WITH NEW CHALLENGES.  
THIS IS EVEN MORE TRUE THIS YEAR, BUT BY WORKING TOGETHER, WE'LL BE ABLE TO ADAPT.

## IN TRANSIT



### We've made school buses safer



- No more than two students per seat
- Siblings to share the same seat, where possible
- Students to take the same seats from one day to the next
- Hand sanitizer available for students when boarding the vehicle
- Face coverings mandatory for grade 5 and 6 students and allowed for students from grades 1 to 4 when using school transportation

## UPON ARRIVAL

- We'll greet everyone with a smile even with our face coverings on, and parents will have to wear theirs as well.

## IN SCHOOL



### We'll follow public health guidelines to ensure a safe environment

- Students from the same class group will remain in the same room. Teachers will move from room to room.
- Students and school staff must remain 2 m apart.
- Students must remain 1 m apart from students in a different class group.
- Common areas will be accessible, with public health rules in effect.
- Frequent hand-washing will be compulsory.
- Respiratory hygiene rules must be followed (coughing into your elbow and throwing out tissues immediately after use).
- Only your child can use their own materials.
- Surfaces, equipment and washrooms will be kept clean.
- Students and staff must bring as few personal belongings as possible from home.



### We'll act fast if your child shows symptoms at school

- If COVID-19 symptoms are detected, your child will be taken care of by a staff member and will be quarantined until they leave the school.
- You will be notified and required to come pick up your child as soon as possible.
- You will then have to call **1-877-644-4545** as soon as possible and follow the guidelines provided by public health authorities.
- Your child must remain in isolation at home until you receive further guidelines from public health authorities.



### LET'S PROTECT OURSELVES AND OTHERS

#### Grade 5 and 6 students must wear a face covering:

- on the way to school when using school transportation
- when students from other class groups are present
- in the cafeteria or student café when they are not eating or drinking
- in common areas (entrance hall, hallways, at their lockers, library, etc.)

Face coverings are recommended for students from grades 1 to 4 when they use school transportation or circulate in the common areas of the school.



### We'll offer pedagogical support

- Remedial instruction to start with before new learning is introduced
- Additional support and guidance for more vulnerable students
- Follow-up for students who must self-isolate for a certain amount of time



## AT HOME

# SCHOOL DAYCARE

### We'll take care of your children, while staying safe

- School daycare services will resume normal activities in accordance with current regulations and fee structures, with noontime supervision also provided.
- Guidelines issued by public health authorities will be followed, with a special concern for organization at meal times.



### Let's work together to help your child succeed

Here are some things you can do to help your child do well in school and to make things easier for the adults who work with them:

- Help your child with school work.
- Monitor their health and notify the school if they have COVID-19 symptoms.
- Remind your child of the importance of proper hygiene (frequent hand-washing, coughing into your elbow, throwing out tissues immediately after use).



### Let's stay alert

Keep an eye on your child and notify the school if they have the following symptoms:

- Fever (for a child: 38°C (100.4°F) or more / rectal temperature)
- Starts to cough or cough worsens
- Difficulty breathing or sudden loss of sense of smell
- No nasal congestion; may or may not have lost the sense of taste

### If your child has these symptoms:

- notify the school immediately
- keep your child at home
- call 1-877-644-4545 as soon as possible and follow the guidelines provided by public health authorities. Your child must remain in isolation at home until you receive further guidelines from public health authorities.



### Let's reassure everyone

There are always lots of questions at the beginning of the school year, and this year is no different. The following document will provide answers to questions your child may have:



[My child is worried about the pandemic. What can I do to provide support?](#)

### For more information

[QUÉBEC.CA/BACK-TO-SCHOOL](https://www.quebec.ca/back-to-school)



### Let's minimize the risks

- It is recommended that your child not go to school if they have a health problem that makes them especially vulnerable (chronic illness, severe immune deficiency, etc.).
- Pedagogical support will be provided for children who must be schooled at home.