

Direction de santé publique

BY EMAIL

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March 21, 2020

**SUBJECT: POSSIBLE CIRCULATION OF COVID-19 AT LAVAL SENIOR ACADEMY**

200, boulevard du Souvenir Ouest  
Laval (Québec)  
H7V 1W9

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Dear Sir,  
Dear Madam,

The Direction de santé publique du Centre intégré de santé et de services sociaux de Laval wishes to inform you that, before the school closure on March 12, 2020, there was a low risk of transmission of the COVID-19 virus at Laval Senior Academy.

This disease is transmitted from person to person through contact with droplets that are released in the air when a person talks, coughs or sneezes.

**THE SYMPTOMS OF COVID-19 ARE THE FOLLOWING:**

- A fever of at least 38°C (100.4°F);
- coughing;
- difficulty breathing (for example, unusual shortness of breath).

**WHAT YOU MUST DO:**

All individuals who were in the school on March 12 must monitor for symptoms until March 26 inclusively.

Should you show symptoms, you must isolate yourself at home and contact 1 877 644-4545. An Info-Santé nurse will assess the situation and make recommendations. Should it be necessary to get tested, Info-Santé will tell you how to proceed.

We thank you for your valuable cooperation.

**READ AND APPROVED BY**

Dr. Jean-Pierre Trépanier, M.D., M.Sc., FRCPC  
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