



COMMISSION SCOLAIRE SIR-WILFRID-LAURIER  
SIR WILFRID LAURIER SCHOOL BOARD

# Sport-études

## Frequently Asked Questions (FAQ) – updated February 25, 2015

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### 1. What is Sport-études?

The Sport-études program is designed for student athletes who have been recognized by a Sports Federation. They must hold both high athletic and academic standards. The program allows for the student athletes to achieve their academic and athletic goals in a supportive environment organized to meet the demands of their everyday life in both school and athletics.

The student must be aware that the academic demands of this program are fast-paced and structured so that the student can carry out a regular course load in reduced time. The student **MUST** be able to maintain a high academic standing to remain in the program. More specifically, the student must maintain a 70% overall average.

In order to register for a Sport-études program, the student **MUST** be recognized by their Sports Federation and provide proof to the Sir Wilfrid Laurier School Board.

### 2. What sports are offered through Sport-études?

Any sport for which the student is recognized by an official Sports Federation is acceptable. The student must provide proof of their recognition.

### 3. Where and when do we register for the Sport-études program?

The school must meet a minimum requirement of 25 students enrolled in Sport-études. If there is not sufficient enrollment, the program will **NOT** take place. Registrations took place in February where parents completed the Course Selection Forms.

### 4. How does my child obtain classification by a Sports Federation?

The Sports Federation must indicate that your child has official recognition for competitive standing. The Sports Federation must also indicate how and why a Sport-études program is necessary for the student to achieve excellence in the sport concerned.

### 5. Does my child need to perform in his/her sport at a particular level?

Yes. Your child must perform at an elite level and classified by the Sports Federation as an *espoir / relève / excellence / or elite athlete*.



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**6. Will my child still be able to continue in enriched classes?**

Your child will have to maintain a regular course curriculum as per the Ministry standards. The only difference is that your child will have to complete his/her studies in 70% of the time as a regular school day. Your child **MUST** maintain a high academic standing (70% overall average) in order to continue in the Sport-études program.

**7. What are the academic requirements for the Sport-études program?**

The student athlete must complete 630 hours of the required 900 hours (per year) of compulsory instruction time as per Quebec's Education Act.

**8. How is the Athletics Excellence Program different from the Sport-études program?**

The Athletics Excellence Program offered in the Laval schools allows the student to take additional academic credits in a Sports course of their choice. Students in this program follow the same 7 hour/day schedule as all students.

In contrast, the Sport-études program is specifically designed for student athletes who are recognized by a Sports Federation. The accommodations of this program allow the student to receive the necessary Secondary studies in a reduced time and allow them to train for their sport with their team/coach in the afternoon outside of school.

**9. What does the annual cost of Sport-études cover?**

The cost of \$1850.00 per year will cover administration fees (personalized daily schedule) and support services (i.e. weight training, physiotherapy consultations, nutrition & sports medicine sessions, and guest speakers).

Please note that there is a \$50.00 registration fee to reserve the student's place that will be reimbursed if the program does not take place due to low enrolment.