

# ROSEMERE HIGH SCHOOL



## STUDENT-ATHLETE/TEAM MEMBER HANDBOOK

For students registered in:  
**Soccer Concentration Program**  
 and/or  
**School Soccer teams**



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## STATEMENT OF PHILOSOPHY



“The Student Comes First”

Being a Student-Athlete/Team Member requires desire, dedication and hard work. It also requires commitment to a team concept where a player must have respect for himself, his teammates and the coaching staff.

It is very important that a player realizes what he/she is committing to and honors that commitment.

It is recommended that parents read and explain the contents of this Handbook with the Student-Athlete/Team Member before signing the Student-Athlete/Team Member contract.



## STUDENT-ATHLETE/ TEAM MEMBER



### Responsibilities

- The Student-Athlete/Team Member recognizes that there is an organizational structure that is in place to support his/her academic, athletic and personal development
- The Student-Athlete/Team Member is committed to completing assignments and homework, keeping a good student status and maintaining or improving his/her academic average from the previous term
- The Student-Athlete/Team Member is committed to training and playing for the Rosemere High School Soccer Program and/or the RHS school team
- The Student-Athlete/Team Member is committed to following and upholding the rules and conduct stated in this handbook

### Expectations

- Honor the Game
- Treat players, parents, coaches and referees with the utmost respect at all times
- Play for the fun and enjoyment of the sport
- Exhibit the qualities of good sportsmanship at all times. Be gracious in victory and dignified in defeat. Respect the sport that you are playing
- Develop good practice and game habits in an effort to enhance your skills and maximize your abilities
- Be on time and prepared for all practices and games
- Think and play as a member of a team and encourage other players to put team success above personal statistics and recognition
- Demonstrate concern for others. Never intentionally injure any other player. Promote a positive team environment through positive encouragement of your teammates. Help your teammates become better players by sharing your knowledge and assisting them in improving their skills
- Learn and abide by the rules of your sport at all times  
Respect the facilities, without them, there would not be a place to play



## STUDENT-ATHLETE/ TEAM MEMBER

### Expected Behavior at events

- Applause during introduction of players, coaches and officials
- Accept all decisions of officials
- Handshakes between participants and coaches at end of contest, regardless of outcome
- Treat competition as a game, not a war
- Search out opposing coaches/players to recognize them for outstanding performance or coaching
- Applause at end of contest for performances of all participants
- Show concern for injured players, regardless of team
- Encourage surrounding people to display only sportsmanlike conduct

### Training and Competition

- I will train regularly and practice good health habits
- I will learn and follow the rules of my sport
- I will listen to my coaches and ask questions when I do not understand their expectations
- I will listen to and respect the decisions of officials
- I will always try my best during training, practices, and competitions
- I will not “hold back” in preliminary competition just to get into an easier finals competition division
- I will follow the rules and regulations of the Rosemere High School Soccer Program
- I will accept the consequences for my actions
- Student-Athletes/Team Members must bring a Photo ID and Medicare Card to all competitions and extra-curricular sessions. No photocopies are allowed



## STUDENT-ATHLETE/ TEAM MEMBER

### Sportsmanship

- I will practice good sportsmanship at all times
- I will behave in ways that bring respect to me, my coaches, my team and the Sir Wilfrid Laurier School Board
- I will not use foul language or inappropriate gestures at any time
- I will not swear at or insult other persons
- I will not fight with or bully other Student-Athletes/Team Members, coaches, volunteers or staff

### Attendance

Student-Athletes/Team Members are expected to attend all classes regularly and on time. Tardiness and cutting classes will not be tolerated and will result in disciplinary action as per the school’s Attendance Policy. Student-Athletes/Team Members will not use athletics as an excuse to miss class or portions of class unless the team is departing early from school. In this case the proper early dismissal form must be completed and signed by the appropriate coach and submitted prior to the start of that school day to the teachers and school administration

### Vacation Periods

Student-Athletes/Team Members are expected to attend all practice sessions and games, including those scheduled during vacation periods. Parents and Student-Athletes/Team Members are advised to review the athletic program descriptions for specific details on the length of season and practice requirements during vacations.

### Prohibited behavior

- Use of profanity
- Any use of drugs, alcohol or tobacco products

Hazing, Mental/Physical Abuse - Reckless or intentional acts by a team or team member which endangers the mental or physical health of another individual on a team whether the behavior is part of an initiation into a team, or not, shall be prohibited. “Hazing” is prohibited and violators will be dealt with severely. Any “hazing” violation could result in suspension, expulsion or other appropriate disciplinary proceedings. This policy applies to all situations whether school is or is not in session.

## STUDENT-ATHLETE/ TEAM MEMBER



### School Suspensions

Student-Athletes/Team Members serving a school suspension are not permitted in any game or athletic team practice, nor may the Student-Athlete/Team Member appear on school grounds, off site practices or home and away games. If the infraction leading to the school suspension violates the athletic code and expectations further action will be taken as described in this handbook. If the suspension occurs prior to a holiday or vacation period, the Student-Athlete/Team Member will be able to practice after (2) two days of prohibition from regularly scheduled consecutive practices during the holiday or vacation period. However, they will be unable to compete in a game until they return to class.

### Probation

If the Student-Athlete does not fulfill the responsibilities, expectations and conduct as outlined in the Student-Athlete / Team Member Handbook, they will be placed on probation. Parents will be notified in writing by the administration.

If the Student-Athlete does not show improvement within a certain time period during probation (designated by the administration) then that student will be asked to leave the program. Please note that if the student is removed from the SCP, their schedule and teachers can be subject to change. Student fees are non-refundable.

Important Note: Student-Athletes can also be removed from the program without probation dependent on the severity of their situation. (i.e. severe behavioral insubordination or poor academics in multiple core subjects)

### Locker Room Security

- DO NOT place valuables in your locker. Leave them at home!
- Purchase a lock for your locker. Keep it locked at all times except while you are using it. Lock it while you are in the shower!
- Rosemere High School will not be responsible or liable for personal property
- Maintain good behavior in the locker room.



## PARENT/GUARDIAN



### Responsibilities

- The Parent/Guardian of the Student-Athlete/Team Member will read and understand the contents of the Student-Athlete/Team Member Handbook before signing the contract
- The Parent/Guardian of The Student-Athlete/Team Member must help monitor the Student-Athlete/Team Member's academic progress and notify the coach or school administration as soon as possible, if a problem arises
- The Parent/Guardian of the Student-Athlete/Team Member must support the Student-Athlete/Team Member both academically and athletically. This support can take the form of time, effort, volunteering, fundraising as required by Rosemere High School
- The Parent/Guardian of the Student-Athlete/Team Member must contribute to the pride of the Rosemere High School Soccer Program by showing team spirit, sportsmanlike conduct and support of players and coaches, win or lose

### Expectations

- Honor the Game
- Treat players, other parents, coaches and referees with the utmost respect at all times
- Do not force your children to play sports, but support their desire to play their chosen sport. Children are involved in organized sports for THEIR enjoyment. Always make it FUN!
- Be a positive role model. Be gracious in victory and accept defeat with dignity; display emotional maturity
- Use positive encouragement to increase confidence and build self-esteem in your children and foster a respect and appreciation for their sport. Stress the importance of the team play over personal statistics and recognition



## PARENT/GUARDIAN



### Expectations (Cont'd)

- Encourage your children to develop good practice and game habits in an effort to continually improve their skills
- Foster the development of good character by teaching, enforcing, advocating and modeling high standards of ethics and sportsmanship
- Encourage your children to learn the rules of their sport and abide by them at all times
- Recognize the effort put in by volunteer coaches. Communicate with and support them in any way that you can
- Be responsible and accountable for the actions of your guests and your non-participating children



### Expected Behavior at events

- Applause during introduction of players, coaches and officials
- Accept all decisions of officials
- Handshakes between participants and coaches at end of contest, regardless of outcome
- Treat competition as a game, not a war
- Search out opposing coaches/players to recognize them for outstanding performance or coaching
- Applause at end of contest for performances of all participants
- Show concern for injured players, regardless of team
- Encourage surrounding people to display only sportsmanlike conduct

## COACH



### Expectations

- Honor the Game
- Treat players, other parents, coaches and referees with the utmost respect at all time
- Be a positive role model. Be gracious in victory and accept defeat with dignity; display emotional maturity
- Use positive encouragement to increase confidence and build self-esteem in your players and foster a respect and appreciation for the sport. Stress the importance of the team play over personal statistics and recognition
- Encourage your players to develop good practice and game habits in an effort to continually improve their skills
- Let your words and actions demonstrate a high regard for loyalty to your association and players
- Foster the development of good character by teaching, enforcing, advocating and modeling high standards of ethics and sportsmanship
- Familiarize yourself with the rules of your sport and teach those rules to your players. Organize fun yet challenging practices
- Always put the safety and wellbeing of your players above the desire to win. Care more about your players than winning the game

### Expected Behavior at events

- Applause during introduction of players, coaches and officials
- Accept all decisions of officials
- Handshakes between participants and coaches at end of contest, regardless of outcome
- Treat competition as a game, not a war
- Search out opposing coaches/players to recognize them for outstanding performance or coaching
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## GENERAL INFORMATION



### COMMUNICATIONS

The Rosemere High School Communication Structure:

- Student-Athlete / Team Member to Coach
- Parent to Coach
- Parent to School Administration

#### The Student-Athlete/Team Member to Coach

If any athlete has any issues about an experience on a Rosemere High School athletic team they must first approach the coach to discuss the issue(s). The athletic experience at Rosemere High School provides the opportunity for young people to develop communication skills with adults and those in positions of authority. In this case the Student-Athlete/Team Member and coach must develop a mutual respect and understanding that allows them to discuss issues openly and honestly while striving to gain a better understanding of the issues.

#### The Parent and Coach

The following are the appropriate concerns to discuss with coaches:

- Your child's academic and athletic progress and development
- Ways to help your child improve
- Concerns about your child's behavior

The following are issues that are not appropriate to discuss with coaches:

- Playing time
- Team strategy
- Play calling
- Other Student-Athletes/Team Members

## GENERAL INFORMATION



### COMMUNICATIONS

#### The Parent and Coach (cont'd)

There are situations that may require a meeting between the coach and a parent. This is to be encouraged. It is important that both parties have a clear understanding of each other's position. When these conferences are necessary, the following procedure should be followed to help promote resolution to the issue:

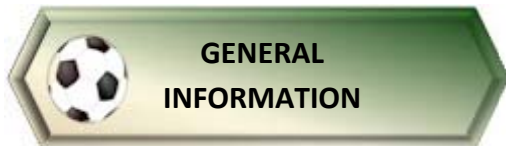
- Speak to the coach or call the school to set up an appointment with the coach.
- If you are unable to reach the coach, call the school administration to assist you with setting up a meeting.

**Please do not attempt to confront a coach before or after a game or practice. These can be emotional times for both the parent and the coach. Meetings of this kind do not promote resolution.**

### TRANSPORTATION

Rosemere High School may provide authorized school vehicles to transport all Student-Athletes/Team Members and coaches for away athletic contests. All Student-Athletes/Team Members MUST arrive to and return from all away contests on school provided transportation or in some cases on public transportation. On a rare occasion, a Student-Athlete/Team Member may ride with a parent or guardian. A permission form is not required for students who are picked up by parents after a game or are using their own transport.





## GENERAL INFORMATION

### TEAM BENCH AND/OR PLAYING AREA

The team bench, playing area and locker rooms are for authorized athletic personnel, School Administrator, Student-Athlete/Team Member, coaches, training staff and officials. At no time during a game are friends or family allowed to enter these areas. Parents must understand that during practices and games their children's focus and commitment is to the athletic endeavor at hand.

### INJURY PROCEDURE

All injuries that occur while participating in athletics must be reported to the coach and athletic training staff (if applicable). The coach will then file an injury report.

**IMPORTANT:** Once a physician or the athletic trainer treats a Student-Athlete/Team Member, the student must obtain written permission from the specific healthcare provider treating the injury to return to the activity. The safety of our Student-Athlete/Team Members is a priority at RHS.



## GENERAL INFORMATION

### Contact Information

#### ROSEMERE HIGH SCHOOL

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