



**S**pecial  
**E**ducation  
**A**dvisory  
**C**ommittee



**Educational Services**  
**Services éducatifs**

**PRESENTS**

## **FREE WORKSHOP FOR ALL PARENTS**

**Tuesday, November 24, 2009**

**Rosemere High School**

**530 Northcote, Rosemere, Qc J7A 1Y2**

SEAC, in conjunction with Sir Wilfrid Laurier Complementary Services, is proud to host a free workshop for all interested parents.

# **UNLEASHING YOUR CHILD'S POTENTIAL**

## **Organization & Study Skills**

### ***Who should attend:***

Parents and guardians of children in elementary or high school who want to:

- Help their children **achieve higher grades**;
- **Motivate** their children to want to learn;
- Teach children how to become **independent learners and more successful students**.

### ***You will learn how to:***

- Create a good learning environment at home;
- Implement an effective homework routine;
- Prepare for parent/teacher interviews.

### ***Provide your children with strategies to:***

- Learn *how* to learn;
- **Discipline themselves** so they can learn;
- **Organize** their time, material and information;
- Establish an effective **learning routine**;
- Master the four ways of **learning and memorizing**;
- **Communicate** successfully with teachers, peers and parents;
- Avoid **procrastination** and distractions;
- **Anticipate** problems that interfere with learning;
- Use **problem-solving** techniques;
- Resolve conflicts.

The workshop includes an opportunity to ask questions directly to the speaker as well as an opportunity to provide feedback on the session.

### ***Workshop leader***

**Carolyn Melmed** is a founding teacher of the Lansdowne Centre, a school for children with learning difficulties. Carolyn pioneered courses in organization and study skills for students, parents and teachers and conducted workshops for McGill's Faculty of Education on these subjects. She is a certified mediator and has 35 years of teaching experience both in the classroom and on a one-to-one basis.

## **SCHEDULE**

6:30 – 7:00 PM	Registration and welcoming in the RHS Auditorium
7:00 – 8:00 PM	Part 1
8:00 – 8:15 PM	Health break in the Auditorium
8:15 – 9:15 PM	Part 2

## **FOR REGISTRATION**

Please return form by fax to: Sylvia Repas, Complementary Services Department  
**(450) 965-4208**

For more info call (450) 621-5600, Ext. 1449, or e-mail: [srepas@swlauriersb.qc.ca](mailto:srepas@swlauriersb.qc.ca)

**DEADLINE: November 17, 2009**

# **UNLEASHING YOUR CHILD'S POTENTIAL**

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**Rosemere High School**  
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### **REGISTRATION FORM**

NAME: \_\_\_\_\_

TELEPHONE #: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

CHILD'S SCHOOL: \_\_\_\_\_

- I would like to be contacted for any future workshops
- I would like further information about the Special Education Advisory Committee (SEAC)