

HOT LUNCH MENU for NOVEMBER 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 CREAM OF PUMPKIN SOUP PASTA IN ROSÉE SAUCE PUMPKIN PIE	3	4 VEGETABLE SOUP SAUSAGES, W/ GREEN LENTILS & VEG OF THE DAY BLUEBERRY MUFFIN	5 CREAM OF CARROT SOUP SHEPHERD'S PIE VEGETABLE SALAD APPLE SAUCE	6 PED. DAY	7
8	9 MINISTRONE SOUP ITALIAN MEATBALLS w/ PASTA YOGOURT	10	11 CHICKEN NOODLE SOUP MAPLE HAM W/POTATOES, CARROTS & VEG OF THE DAY APPLE CRISP	12	13 CREAM OF VEG SOUP SPAGHETTINI W/MEAT SAUCE, WHOLE WHEAT BREAD, CARROT STICKS MOLASSES COOKIES	14
15	16 BEEF & BARLEY SOUP CHICKEN A LA KING W/ VEGETABLES CARAMEL PUDDING	17	18 VEGETABLE SOUP MEAT LOAF W/TOMATO SAUCE, VEG FETTUCINI RASPBERRY SQUARE	19 TOMATO SOUP WHOLE WHEAT HAM & CHEESE PIZZA CESAR SALAD YOGOURT TUBES	20 PED. DAY	21
22	23	24 CREAM OF MUSHROOM SOUP CHICKEN BROCHETTE W/ RICE & VEG OF THE DAY OATMEAL COOKIE	25 CHICKEN & RICE SOUP LASAGNE GRATINÉE RAW VEGGIES FRUIT CUP THE PRICE FOR LUNCHES ARE:	26	27 CREAM OF VEG SOUP TOMATO & CHEESE PIZZA CHEF SALAD BANANA MUFFIN	28
29	30 MINISTRONE SOUP MACARONI & MEAT SC PARMESAN CHEESE RAW VEGGIES YOGOURT	ATTN: INCLUDED WITH YOUR MEAL IS JUICE, MILK OR BOTTLED WATER. PLEASE SPECIFY YOUR CHILD'S CHOICE	\$5.00 MAIN MEAL W/SOUP \$4.50 MAIN MEAL \$1.00 SOUP			

OUR CATERER WILL ALSO BE OFFERING COLD SUBMARINES FILLED WITH COLD CUTS, CHEESE, SALAD. THIS COULD BE AN ALTERNATIVE IF YOUR CHILD DOES NOT LIKE THE HOT LUNCH BEING SERVED THAT DAY. PLEASE NOTE THAT THE PRICE IS THE SAME AS THE MAIN MEAL.

YOU MUST SPECIFY IF YOUR CHILD WILL BE PURCHASING THE HOT LUNCH OR SUBMARINE.

THE PROCEDURE FOR ORDERING LUNCHES ARE: ORDERS MUST BE FORWARDED TO SCHOOL NO LATER THAN THE FRIDAY PRIOR; PLACE THE MONEY & YOUR CHILD'S (DO NOT FORGET TO WRITE YOU CHILD'S NAME) ORDER IN A ZIPLOCK SANDWICH BAG. IT MUST INCLUDE THE EXACT AMOUNT, NO CHANGE WILL BE GIVEN. PLEASE NOTE THAT YOU WILL NOT BE REIMBURSED IF YOUR CHILD IS ABSENT ON THE DAY OF HIS/HER HOT LUNCH.