

# The School nurse

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**The nurse's main mandate within the school environment is to promote health and to prevent illness.**

## The nurse:

- **Trains, teaches and offers follow-up with school staff members for students with health concerns.**  
(severe allergies, diabetes, epilepsy, etc.)
- **Offers advice to schools on organising first aid and emergency measures.**
- **Offers students advice and expertise, within the health related domain.**
- **Engages in health promotion and disease prevention according to the student's needs or school and teachers requests.**
- **Organizes activities in relation to health and activities promoting a healthy lifestyle.**  
For example: nutrition, physical activity, sleeping habits, promoting healthy and respectful relationships, sexual education (prevention of STDs and undesirable pregnancies), smoking, addictions etc.
- **Offers individual consultation\***  
(contraception, pregnancy testing, STDs, condoms, etc. )

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1. **Parental consent is required for children under 14 years of age.**
2. **An adolescent 14 years and over can consent to a health professional consultation or a non life threatening medical intervention without parental authorization.**

