



COMMISSION SCOLAIRE SIR-WILFRID-LAURIER  
SIR WILFRID LAURIER SCHOOL BOARD

The SWLSB Business Training Services invites you to a  
**FREE WEBINAR**

## **Better Emotion, Less Commotion**

**Speaker: Rita Tourigny,**  
Neuro Linguistic Programming certified coach

**March 28 • 7 p.m. to 8 p.m. on ZOOM**  
(link will be sent to participants the day prior to the conference)

**RSVP here:**

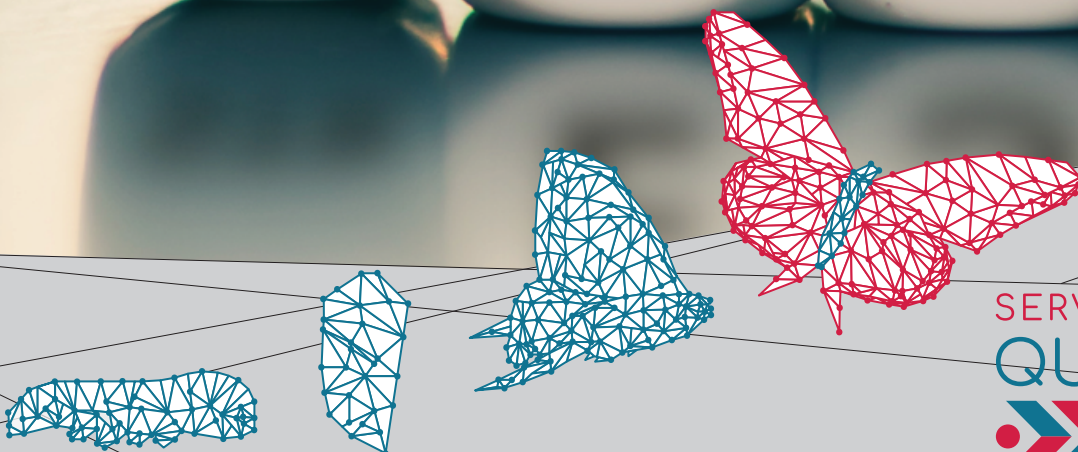
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**QUALIFICATION**  
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bilingual training