

Friday March 31, 2023

Subject: Division 2 Hockey Teams for 2023-2024 at LJA & LSA

Dear LJA & LSA Parents & Guardians,

There is a long tradition of excellence in sports at both our schools. This tradition includes a commitment to success both on and off the field of athletic competition. Hockey has been at the forefront of this tradition. In recent years, we have elevated our commitment to the sport of hockey as a means to create winning conditions for academic achievement, a sense of belonging and athletic development. This focus on school sports as a lever for student success, has created a tendency for many young athletes to choose school sports as their preferred option for development and competition.

We are proud that our schools' hockey program has undergone significant improvements over the past two years. We are committed to a program that is both challenging and enjoyable for our students. As a result of our success and dedication to the development of hockey in Laval, **both LJA and LSA have been approved for M13, M15 & M18 provincial division 2 teams.** This program will provide an opportunity for our student-athletes to compete at a Division 2 level and develop their skills within a AAA environment.

Our program continues to be led by experienced and knowledgeable coaches and include both on-ice training and off-ice conditioning. This allows our student-athletes to improve their overall athletic ability. Hockey players who are selected for our Division 2 hockey program will have an amazing opportunity to compete against other RSEQ Division 2 schools from across the province. All Division 2 selections will be under the direct supervision of Coach Elio Di Meo.

We encourage all interested student-athletes to commit to our program: elite level hockey players will be selected for our D 2 teams while other players can continue to develop within our Division 3 and Division 4 teams. Overall, hockey players at LJA & LSA can develop important life skills such as teamwork, leadership, and perseverance while maintaining a focus on their academics.

Important Timeline:

April 11th – In-person meeting for parents and players at LJA auditorium; presentation of Blue & Gold Division 2 hockey program for 2023-24 and presentation of Division 3 and 4 hockey programs

April 17th - Tryouts for Division 2 teams

April 24th - Team meeting for selected Division 2 players & parents at the LSA auditorium

May 15th - 80% of team roster confirmed with RSEQ

Please feel free to contact us if you have any questions about the program.



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Laval Senior Academy

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